

*In the Name of God*

*Isfahan Endocrine & Metabolism Research Center*  
**CURRICULUM VITAE**

**Personal Information:**

**Name:** Massoud Amini

**Qualification:** Fellow of Endocrinology - Internist

**Marital status:** Married

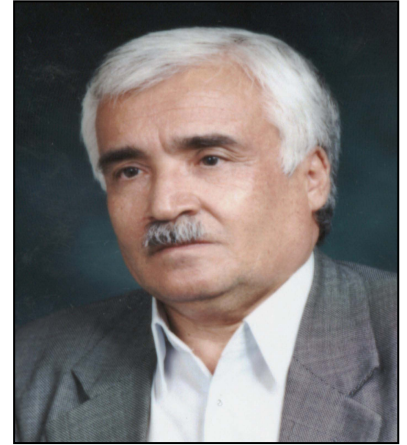
**Children:** 3

**Nationality:** Iranian

**Date of birth:** 1946

**Place of birth:** Boroujen

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**University Education :**

**\* M.D.**

1973

Isfahan University

**\*Internal Medicine (Specialty)**

1979

Isfahan University

**\*Fellowship of Endocrinology**

1988

Endocrine & Metabolism Research Center, Shaheed Beheshti University of Medical Sciences and Health Services.

### **Honors and distinctions:**

- \*Introduced as “ Selected Assistant Professor “, Isfahan University of Medical Sciences and Health Services.
- \*Introduced as “ Selected Associate Professor “, Isfahan University of Medical Sciences and Health Services
- \*Award for the best researcher, Isfahan University of Medical Sciences and Health Services.

### **Major administrative responsibilities:**

- \*Head of Endocrine & Metabolism Research Center. Isfahan University of Medical Sciences and Health Services. (1992-2012)
- \*Manager. Section of Endocrinology. Department of Internal Medicine. Medical School. Isfahan University of Medical Sciences and Health Services.(1988-2012)
- \*Member of supreme and research councils, Isfahan Endocrine & Metabolism Research Center.
- \*Member of research council, Isfahan University of Medical Sciences and Health Services.
- \*Member of research council, Department of Internal medicine
- \*Member of editorial board of “Iranian Journal of Endocrinology and Metabolism.”
- \*Member of editorial board of “International Journal of Endocrinology and Metabolism.”
- \*Member of editorial board of “Iranian Journal of Diabetes and Lipid Disorders.”
- \*Member of executive committee, Iranian Association of Endocrinologists
- \*Member of “Determinative Council for Research Policy”,Research Bureau .Ministry of Health and Medical Education.
- \*Member of “Diabetes Prevention and Control Committee” of Isfahan province.
- \*Member of Iranian Internal Medicine Specialty Board.
- \*Member of the IUMS Dean consultant Council.

### **Memberships :**

- \*National Diabetes Committee
- \*Iranian Association of Endocrinologists
- \*Iranian College of Internal Medicine
- \*Isfahan Scientific Committee for Prevention of Iodine Deficiency Induced Disorders

### **Scientific Experiences :**

- \*Thesis Supervision : 90 theses
- \*Participation in 92 research projects.

## Teaching Experiences :

\*Professor of Endocrinology, Department of Internal Medicine, Medical school  
Isfahan university of Medical Sciences, Isfahan, Iran

## Work Experience :

\*More than 32 years of experience in professional fields (as a physician)

## Papers:

### Published Articles (Persian)

1. Asadollahi GH, Amini M, Maroofi M. ***Hormonal changes before and after electroconvulsive therapy (ECT) in seven schizophrenic patients.*** Journal of Isfahan Medical School 1993; 11(37): 28-33.
2. Azizi F, Nafarabadi MT, Amini M. ***Serum thyroid hormone and thyrotropin concentrations during Ramadan in healthy woman.*** Research in Medicine (Journal of the Faculty of Medicine, Shaheed Beheshti University of Medical Sciences and Health Services) 1994; 17(1&2): 31-35.
3. Emami A, Amini M, Aziz-Zadeh A. ***Effect of lipiodol injection on prevention of endemic goiter in school students of Hana.*** Journal of Isfahan Medical School 1994; 12(38): 47-54.
4. Amini M, Yoonesi S, Sattari G. ***Glycated Hemoglobin (HbA1, HbA1c): structure, laboratory methods and clinical usefulness.*** Gashtag 1996; 4 (3&4): 24-32.
5. Amini M, Aminorroaya A. ***Evaluation of concentration of hemoglobin, iron, ferritin and total iron binding capacity (TIBC) in thyroid dysfunction.*** Journal of Isfahan Medical School 1997; 15(47): 87-93.
6. Tavassoli AA, Amini M, Afshin-Nia F, Bastanagh MH. ***Ischemic heart disease in non - insulin dependent diabetic patients : prevalence and risk factors.*** Journal of Tehran Medical School 1997; 7 (5): 71-78.
7. Amini M, Bashardoost N, Kazemi M, Shahparian M, Afshin -Nia F, Kabirzadeh M. ***Risk factors of diabetes mellitus among Isfahan city population aged over 40 in 1993.*** Research in Medical Sciences 1998; 2(5): 3-7.
8. Amini M, Aminorroaya A, Rezvanian H, Kachooie A, Safaie H, Horri N, Afshin - Nia F, Sattari G. ***Evaluation of glycemic status in patients with known diabetes mellitus type I & II in Isfahan city during 1997.*** Research in Medical Sciences 1998; 2(5): 8-12.
9. Tavassoli AA, Amini M, Afshin - Nia F, Tabatabaei A, Sattari G. ***The effect of glycemic control, lipid profile, proteinuria and insulin therapy on prevalence of ischemic heart disease in known diabetic subjects of Isfahan city in 1997.*** Research in Medical Sciences 1998; 2(5): 13-20.

10. Ashtari AR, Ghanbari H, Amini M, Sallehpoor M, Afshin -Nia F, Emami T. ***Epidemiology of diabetic Retinopathy in known type II diabetic subjects in Isfahan city in 1997: prevalence and risk factors.*** Research in Medical Sciences 1998; 2(5): 21-27.
11. Shahidi S, Moghtaderi J, Seirafianpoor S, Amini M, Afshin-Nia F, Emami T. ***Epidemiology of diabetic nephropathy in known type II diabetic subjects in Isfahan city in 1997: prevalence and risk factors.*** Research in Medical Sciences 1998; 2(5): 28-33.
12. Asilian A, Teimoori G, Amini M. ***Skin manifestations of diabetes mellitus in Isfahan.*** Research in Medical Sciences 1998; 2(5): 34-36.
13. Mohammadi M, Amini M, Rezvanian H, Aminorroaya A, Kachooie A, Taki F. ***Demographic characteristics of diabetic patients undergone amputation in Isfahan.*** Research in Medical Sciences 1998; 2(5): 37-39.
14. Amini M, Hoseinpoor M, Salehpoor M, Moaheri L, Aminiorroaya A, Rezvanian H. ***Cost of outpatient management in NIDDM patients.*** Research in Medical Sciences 1998; 2(5): 40-42.
15. Safaie H, Amini M, Rezvanian H, Kachooie A, Aminorroaya A, Hoseinpoor M. ***Combination therapy with insulin and glibenclamide in patients with NIDDM.*** Research in Medical Sciences 1998; 2(5): 43-45.
16. Amini M, Mostajeran F, Farmani M, Tabatabaie A, Hoseinpoor M. ***Effect of pregnancy on development of non - insulin dependent diabetes mellitus.*** Research in Medical Sciences 1998; 2(5): 46-49.
17. Ghanbari H, Ashtari A, Eshaghian M, Amini M. ***Outcome of laser therapy in macular edema due to diabetes mellitus.*** Research in Medical Sciences 1998; 2(5): 50-53.
18. Rezvanian H, Amini M, Kachooie A, Aminorroaya A. ***Evaluation of disturbances of carbohydrate metabolism in hyper and hypo- thyroidism using oral glucose tolerance test (OGTT).*** Research in Medical Sciences 1998; 2(5): 54-57.
19. Amini M. ***Treatment of diabetes.*** Research in Medical Sciences 1998; 2(5) (Suppl): 1S-7S.
20. Amini M, Hoseinpoor M. ***The relation between fetal growth and development with thyroid function tests.*** Journal of Isfahan Medical school 1998; 15(49): 36-39.
21. Amini M, Hoseinpoor M. ***Long term complications of chemical weapons on pituitary - gonad axis function.*** Research in Medicine (Journal of the Faculty of Medicine, Shaheed Behesti University of Medical Sciences and Health Services) 1998; 21(4); 27-31.
22. Kargar A, Amini M, Sattari G, Yoonesi S. ***Comparison of calorimetric and electrophoresis methods for measurement of glycated hemoglobin.*** Research in Medicine (Journal of the Faculty of Medicine, Shaheed Behesti University of Medical Sciences and Health Services) 1998;21(4): 68-74.

23. Amini M, Aminorroaya A. ***RBC changes in hyperthyroidism.*** Medical Journal of Tabriz University of Medical Science & Health services 1998; 37: 7-10.
24. Rezvanian H, Aminorroaya A, Kachooie A, Amini M. ***Epidemiology of goiter in Dehaghan - Is there evidence of goitrogenic factor other than iodine deficiency?*** Medical Journal of Tabriz University of Medical Science & Health Services 1998; 37: 43-48.
25. Amini M, Bashardoost N, Afshin -Nia F, Shahparian M, Kazemi M, Rezavi- Zadeh M ***Prevalence of diabetes mellitus in people aged over 40 in Isfahan city in 1993.*** Research in Medicine (Journal of the Faculty of Medicine, Shaheed Beheshti University of Medical Sciences and Health Services) 1998; 22(2): 1-8.
26. Karbasian A, Shadzi SH, Amini M, Chadeganipoor M, Zeinali E. ***The frequency and etiological agents of fungal infections in diabetic patients.*** Journal of Isfahan Medical School 1998; 17(52): 24-32.
27. Amini M, Aminorroaya A. ***Effect of suppressive dose of levothyroxine on glucose tolerance.*** Research in Medicine( Journal of the Faculty of Medicine, Shaheed Beheshti University of Medical Sciences and Health Services) 1998; 22(3); 16-21.
28. Najmi B, Amini M, Attari A. ***Evaluation of IQ in the offspring of diabetic pregnant mothers through comparison with a control group.*** Research in Medical Sciences 1998; 3(3): 224-227.
29. Hashemipoor M, Sharifi SH, Amini M, Gheisari A. ***Comparing newborn' with mother's urine iodine in Isfahan.*** Research in Medical Sciences 1998; 3(3): 228-231.
30. Babaii A, Ghafghazi M, Ani M, Amini M. ***Effect of k<sup>+</sup> channel affecting drugs on serum concentrations of LH and testosterone in rat.*** Journal of Shaheed Sadooghi University of Medical Sciences and Health Services 1998; 6 (3): 54-59.
31. Amini M, Hoseinpoor M. ***Effect of testosterone on glucose tolerance test in hypogonadism.*** Journal of Medical Faculty, Guilan University of Medical Sciences 1998-99; 7 (27 & 28): 6-10.
32. Amini M, Hoseinpoor M. ***The effect of hypothyroidism on seric calcium and phosphorus.*** Journal of Shaheed Sadooghi University of Medical Sciences and Health Services 1999; 6 (4): 3-7.
33. Aminorroaya A, Amini M, Rezvanian H, Kachooie A, Sanaat Z, Fard Moosavi A. ***Anthropometric evaluation of Isfahanian female students (6,18y) in 1998 in comparison to NCHS and some similar Iranian studies.*** Research in Medical Sciences 1999; 3 (4): 262-266.
34. Amini M, Heseinpoor M. ***Increased glycosylated hemoglobin in patients with acute myocardial infarction.*** Research in Medicine( Journal of the Faculty of Medicine, Shaheed Beheshti University of Medical Sciences and Health Services) 1999; 22 (4): 23-27.

35. Rezvanian H, Haghghi A, Aminorroaya A, Kachooie A, Amini M. ***Effect of metformin on impairment of carbohydrate Metabolism in patients with polycystic ovary syndrome.*** Iranian Journal of Endocrinology & Metabolism 1999; 1(1): 26-30.
36. Amini M, Hoseinpoor M, Jafari M, Shams R. ***Effects of temperature changes on thyroid function tests in healthy subjects.*** Journal of Isfahan Medical school 1999; 17(54): 9-12.
37. Amini M, Hoseinpoor M. ***Evaluation of glycosylated hemoglobin in patients with cerebrovascular accident.*** Journal of Medical Council of Islamic Republic of Iran 1999; 17(1): 8-11.
- 38..Amini M, Hosseinpoor M. ***The liver function tests in hyperthyroidism.*** Asrar 1999; 6(1): 48-55.
39. Yazdani M, Mehrabi - Cisakht S, Shahtalebi MA, Amini M. ***Efficiency and patient's satisfaction from topical nitrobid and intraurethral PGE2 among diabetic impotent patients.*** Research in Medical Sciences 1999; 4 (1): 39-43.
40. Amini M, Hosseinpoor M. ***The effect of bromocriptine on the secretion of hypophysial - thyroidal hormonal axis.*** Research in Medicine (Journal of the Faculty of Medicine, Shaheed Beheshti University of Medical Sciences and Health Services) 1999; 23(1): 5-8.
41. Karbasian A, Chadeganipour M, Amini M. ***Erythrocyte magnesium concentration in normal and diabetic subjects: a comparative study using neutron activation analysis method.*** Iranian Journal of Basic Medical Sciences 1999; 2(1): 45-9.
42. Aminorroaya A, Amini M, Rezvanian H, Kachooie A, Sadri GH, Mirdamadi M, Fard Mousavi A, Sanaat Z, Naghdi H, Ahmadi N. ***Iodized salt consumption and its effect on goiter prevalence.*** Research in Medical Sciences 1999; 4(2 & 3): 56-59.
43. Shafiei K, Amini M. ***Psychological problems in diabetic patients.*** Research in Medical Sciences 1999; 4 (2&3): 94-96.
44. Shemirani H, Pishgoo B, Atapoor A, Amini M, Adibi P. ***Does hypothyroidism increase CPK-MB Level?*** Research in Medical Sciences 1999; 4(2 & 3): 97-100.
45. Amini M, Khadivi R. ***Direct medical costs of nephropathy resulting from type 2 diabetes in Isfahan in 1998.*** Iranian Journal of Endocrinology & Metabolism 1999; 1(3): 215-223.
46. Safaei H, Amini M, Kabirzade M, Navim M. ***Survey on the responses to B.C.G .Vaccine inoculation and evaluation of cell immunity.*** Asrar 1999; 6 (3,4): 61-66.
47. Hoseinpoor M, Amini M. ***Effect of levothyroxine withdrawal on thyroid function tests in patients with simple goiter.*** Journal of Shaheed Sadooghi University of Medical Sciences and Health Services 1999; 7 (3): 7-10.

48. Amini M, Hoseinpoor M. ***Effect of menopause on results of oral glucose tolerance test.*** Research in Medicine (Journal of the Faculty of Medicine, Shaheed Beheshti University of Medical Sciences and Health Services) 1999; 23 (3): 151-155.
49. Amini M, Moayedi B, Ani M, Yoonesi S, Hoseinpoor M. ***Comparison of fructosamine and glycosylated hemoglobin in non - insulin dependent diabetic patients.*** Iranian Journal of Endocrinology & Metabolism 2000; 2(1): 1-3.
50. Amini M, Hamidi - Esfahani H. ***Relationship between serum lipids and thyroid function tests in healthy people.*** Journal of Shaheed Sadooghi University of Medical Sciences and Health Services 2000; 8(2): 27-30.
51. Amini M, Hoseinpoor M, Ghorbani H, Fallah H. ***Hearing disorders in patients with non - insulin dependent diabetes mellitus.*** Journal of the Medical Council of Islamic Republic of Iran 2000; 18 (2); 89-93.
52. Amini M, Hoseinpoor M. ***Effect of androgenic treatment on thyroid function test in hypogonadal patients.*** Feyz 2000; 4(15): 65-68.
53. Forghani B, Kasayian N, Faghih - Imani B, Hoseinpoor M, Amini M. ***The assessment of physical activity in non - insulin dependent diabetic women referred to Endocrine & Metabolism Research Center.*** Iranian Journal of Endocrinology & Metabolism 2000; 2(3): 169-173.
54. Kassaiyan N, Forghani B, Faghih – Imani B, Sattari G, Amini M. ***The effect of Ramadan fasting on non – insulin dependent diabetics.*** Asrar 2000; 7(3): 4-9.
55. Hashemipour M, Nikuii F, Amini M, Aminorroaya A, Rezvanian H, Kachooie A, Abdoli AR. ***A study of the relationship between blood and saliva glucose levels in healthy population to find a non-invasive method for blood glucose measurement.*** Iranian Journal of Endocrinology&Metabolism 2000; 2(4): 221-26
56. Forghani B, Gohariyan V, Kasaiyan N, Amini M. ***The effect of vitamin C supplements on glycosylated hemoglobin in type 2 diabetic patients.*** Iranian Journal of Endocrinology &Metabolism 2000; 2(4): 233-37
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60. Abazari P, Amini P, Amini M. *Management of diabetes mellitus in diabetic patients: Isfahan-1999*. Research in Medical Sciences 2001; 6(2): 102-5.
61. Pourmoghadas A, Samiei Nasab MR, Pourmoghadas M, Sholevar M, Amini M. *QTc prolongation and cardiac autonomic neuropathy in diabetic patients*. Journal of Isfahan Medical School 2001; 19(62): 51-6.
62. Kachouei A, Sadri GH, Ataei B, Amini M, Harirforoushan F, Ebrahimi R. *Economical feasibility of diabetes mellitus screening with the use of risk factors*. Medical Journal of Tabriz University of Medical Sciences & Health Services 2001; 25(50): 63-7.
63. Amini M, Khani M. *A comparison of the serum level of Calcium, Phosphorus and Alkaline phosphatase in patients with hypogonadism*. Asrar 2001; 8(3): 22-6.
64. Amini M, Nateghi M, Hosseinpour M. *Dehydroepiandrosteron and oral glucose tolerance test in young women*. Research in Medical Sciences 2001; 6(3): 201-4.
65. Rezvanian H, Amiriyani T, Amini M, Ghararvi M, Aminorroaya A, Kachooei A. *Effect of pentoxifylline on proteinuria of diabetic nephropathy in comparison with captopril in type 2 diabetic patients*. Iranian Journal on Endocrinology & Metabolism 2001; 3(3) : 171-7.
66. Amini M, Hosseinpour M. *Comparison between WHO and ADA criteria for diagnosis of diabetes mellitus*. Journal of Shahid Sadoughi University of Medical Sciences and Health Services 2001; 9(3): 21-4.
67. Amini M, Sadeghi-Zadeh H, Hosseinpour M. *Insulin secretion and insulin resistance in healthy subjects*. Journal of Isfahan Medical School 2001; 19(63&64): 24-27.
68. Amini M, Hosseinpour M, Sattari G, Haghghi S. *The value of glycosylated hemoglobin in screening for impaired glucose tolerance and diabetes mellitus*. Iranian Journal of Diabetes and Lipid Disorders fall-winter 2001-2002; 1(1): 67-72.
69. Forghani BM, Sadeghi K, Kassaian N, Hosseinpour M, Amini M. *The leisure time physical activity in NIDDM patients*. Scientific Medical Journal, Ahvaz University of Medical Sciences 2002; 31:41-5
70. Aminorroaya A, Amini M, Rezvanian H, Kachooie A, Naghdi H, Hasanzadeh A. *Increasing heights and weights of Isfahanian male children and adolescents*. Journal of Medical Council of Islamic Republic of Iran 2002; 19(4): 265-70.
71. Kassaian N, Forghani BM, Faghih Imani B, Hosseinpour M, Amini M. *The relationship between food habits and fasting blood sugar and glycosylated hemoglobin in type 2 diabetics*. Iranian Journal of Endocrinology & Metabolism 2002; 4(1): 9-13.
72. Noorian M, Amini M, Forghani BM. *A comparative study on the effects of wheat bran and ispaghula on serum lipids and fasting blood sugar in type 2 diabetic patients*. Journal of Medicinal Plants 2002; 1(3): 85-9.
73. Amini M, Khadivi R, Haghghi S. *Costs of type 2 diabetes in Isfahan – Iran in 1988*. Iranian Journal of Endocrinology & Metabolism 2002; 4(2): 97-104.



74. Amini M, Mohammadi M, Hosseinpour M. ***Glycosylated hemoglobin in patients with essential hypertension.*** Iranian Journal of Diabetes and Lipid Disorders 2002; 1(2): 115-18.
75. Amini M, Horri N, Farmani M, Hassan Zadeh A. ***Annual and 5-year incidence rate of hypertension in type 2 diabetic patients.*** Iranian Journal of Endocrinology & Metabolism 2002; 4(3): 173-77.
76. Mohammady M, Amini M, Ghafghazi T. ***Effect of chloroquine on diabetes control in type 2 diabetic patients.*** Iranian Journal of Endocrinology & Metabolism 2002; 4(4): 213-16.
77. Moazam E, Amini M, Riazi M. ***Oral glucose tolerance test and insulin sensitivity in smokers.*** Journal of Shahid Sadoughi University of Medical Sciences & Health Services 2003; 10(4): 47-51.
78. Forghani BM, Kassaian N, Tala Minaei M, Zare M, Haghighi S, Amini M. ***Effect of dates ( Khorma ) on 2-hour postprandial (2hpp) blood glucose level in type 2 diabetic patients referred to Isfahan Endocrine & Metabolism Research Center.*** Journal of Shahid Sadoughi University of Medical Sciences & Health Services 2003; 10(4): 52-5
79. Taher M, Moshtaghie AA, Emami A, Amini M, Pakseresht F. ***Evaluation of parameters related to iron metabolism in diabetes mellitus patients.*** Medical Journal of Tabriz University of Medical Sciences & Health Services 2003; 57: 39-43.
80. Kassaian N, Forghani B, Talaminaei M, Hosseinpour M, Amini M. ***The relationship between food habits and body mass index, serum cholesterol and serum triglyceride in non-insulin dependent diabetes mellitus (NIDDM) patients.*** Medical Journal of Tabriz University of Medical Sciences & Health Services 2003; 57: 59-64.
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83. Safaei H, Amini M. ***Correlation of fasting and post-prandial plasma glucose with glycated hemoglobin in patients with type 2 diabetes.*** Research in Medical Sciences 2003; 8(4): 65-7.
84. Rezvanian H, Aminorroaya A, Majlesi M, Amini A, Hekmat-Nia A, Kachoei A, Amini M, Emamai J. ***Thyroid size and iodine intake in pregnant women in Isfahan .*** Research in Medical Sciences 2003; 8(4): 68-72.
85. Kassaian N, Forghani B, Zareh M, Emami T, Amini M. ***The effect of consumption of fenugreek seeds on fasting blood glucose, glycosylated hemoglobin and serum lipids in type 2 diabetic patients.*** Medical Journal of Tabriz University of Medical Sciences & Health Services 2003; 58: 55-8.
86. Safaei H, Amini M. ***Prevalence of cardiovascular risk factors in known type 2 diabetic patients in Isfahan.*** Iranian Journal of Diabetes and Lipid Disorders Fall 2003- Winter 2004; 3(1): 71-6.

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88. Hashemipour M, Amini M, Iranpour R, Javadi AA, Sadri Gh, Javaheri N, Sattari G, Haghghi S, Hovsepian S. ***High prevalence of congenital hypothyroidism in Isfahan, Iran.*** Iranian Journal of Endocrinology & Metabolism 2004; 6(1): 13-20.
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***Books :***

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### ***Conference Presentations:***

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**Research interests:**

- \* Thyroid disorders
- \* Diabetes & Metabolic Syndrome