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## **CURRICULUM VITAE**

**Ashraf Aminorroaya MD**

### **Personal Information:**

**Name:** Ashraf Aminorroaya Yamini

**Qualification:** Internist, Endocrinologist

**Job objective:** Full Professor

**Sex:** Female

**Nationality:** Iranian

**Born in:** 1963

**Place of birth:** Isfahan city, Isfahan Province, Iran

**Language:** Persian (native), English (second)

### **Address:**

\*Department of Internal Medicine. Faculty of Medicine. Isfahan University of Medical Sciences and Health Services. Hezar Jerib Street, Isfahan, Iran.

\*Isfahan Endocrine & Metabolism Research center. SedighehTaherehResearch Complex, Khorram Street, Isfahan, Iran.

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### **University Education:**

\* **Medical Dcoctor:** 1983-1989, Isfahan University, Isfahan, Iran

\* **Internal Medicine (Speciality):** 1989-1992, Isfahan University of Medical Sciences and Health Services, Isfahan, Iran



**Ashraf Aminorroaya MD**  
Curriculum Vitae, continued

\* **Endocrinology (Subspeciality):**1993-1995, Shaheed Beheshti University of Medical Sciences and Health Services, Tehran, Iran

\* **Academic visiting (Sabbatical leave):** 2002, ANZAC Research Institute, Sydney University, Sydney, Australia.

\* **Scientific exchange program (public health and medicine: A project for Iranian Medical Professionals),** 2007 (March 19-April 4), Institute of International Education, Washington DC, USA

**Thesis:** Anthropometric Evaluation and Puberty Stages of Female Students in East of Tehran

**Major professional services:**

Diagnosis and treatment of patients and researcher as an endocrinologist in:

- \* University teaching hospitals
- \* Isfahan Endocrine & Metabolism Research Center
- \* Private clinic

**Major administrative responsibilities:**

\* Member of supreme council of Isfahan Endocrine and Metabolism Research center, from 1995 till now.

\* Member of research council of Isfahan Endocrine and Metabolism Research center, from 1995 till now.

\*Manager or member of externs' education council. Department of Internal Medicine, 1995-2001

\*Member of research council. Department of Internal Medicine. Isfahan University of Medical Sciences and Health Services, 1995-2001.

\* Manager of assistants' education council. Department of Internal Medicine, 1995-2005

**Ashraf Aminorroaya MD**

Curriculum Vitae, continued

- \* Member of assistants' education council. Department of Internal Medicine, 2005-2011
- \* Member of editorial board of "Research in Medical Sciences Journal" 1997-2007
- \* Member of editorial board of "Clinical Diabetes and Endocrinology", 2014 till now.
- \* Editor of "Research in Medical Sciences Journal" 2007-2011.
- \* Member of Internal Medicine preboard exam of Internal Medicine Department of IUMS, 2006–2016.
- \* Member of endocrinology subspecialty education council. Department of Internal Medicine, 2011 -2016
- \* Scientific secretary of 2<sup>nd</sup> Iranian and 1<sup>st</sup> International congress of Endocrine & Metabolism Updates 22-24 April 2009, Isfahan, Iran
- \* Scientific secretary of 4<sup>th</sup> Iranian and 2<sup>nd</sup> International congress of Endocrine & Metabolism Updates 10-12 October 2012, Isfahan, Iran
- \* Scientific secretary of 5<sup>th</sup> Iranian and 3<sup>rd</sup> International congress of Endocrine & Metabolism Updates 20-22 May 2015, Isfahan, Iran
- \* Scientific secretary of 6<sup>th</sup> Iranian and 4<sup>th</sup> International congress of Endocrine & Metabolism Updates 19-21 April 2017, Isfahan, Iran
- \* Head of endocrinology department of Isfahan University of Medical Sciences, 2012 - 2018.
- \* Head of Isfahan Endocrinology & Metabolism Research Center, Isfahan University of Medical Sciences, 2016 -2018.
- \* Member of iodine deficiency disorder of Isfahan University of Medical Sciences, 2016-2018.
- \* Head of diabetes work group of committee of non-communicable diseases in Isfahan University of Medical Sciences, 2017 -2019.

**National Professional Appointments:**

**Ashraf Aminorroaya MD**  
Curriculum Vitae, continued

\* Member of Endocrinology Board Exam of Iran, 2006 till now.

**Memberships:**

\* Member of Iranian Association of Endocrinologists

\* Member of Iranian Association of Internists.

\* Member of AACE (American Association of Clinical Endocrinologists)

**Scientific Experiences:**

\*41 Theses were supervised

\* Participation in 55 research projects

**Teaching Experiences:**

\* Professor, Department of Internal Medicine, Faculty of Medicine, Isfahan University of Medical Sciences and Health Services, Isfahan, Iran.

\* 27 Years of teaching experience.

**Work Experience:**

\* 29 Years of experience in professional fields (as a physician)

\* 27 Years of experience in other fields (mentioned under previous topics)

**Member of Scientific Journals:**

- Member of Editorial Board Research in Medical Science Journal (Iran), 1997-2007
- Member of Editorial Advisory Board of “Recent Patents on Endocrinology, Metabolism & Immune Drug Discover”, 2007 till now
- Member of “Medical Science Monitor International Reviewers panel”, 2004 till now.
- Member of Editorial Board of Clinical Diabetes and Endocrinology, 2014 till now.

**Reviewer of Scientific Journals:**

- Journal of Diabetes and Its Complications

**Ashraf Aminorroaya MD**

Curriculum Vitae, continued

- Clinical Endocrinology
- International Journal of Endocrinology and Metabolism
- Quality in Primary Care
- Iranian Journal of Endocrinology & Metabolism
- Isfahan University Medical Journal
- Shahreh Kord Medical University Journal
- Golestan Medical Faculty Journal
- Journal of Research in Medical Sciences
- Clinical Diabetes and Endocrinology
- Journal of Diabetes Investigation
- BMC Endocrine disorders

**Academic Awards and distinctions:**

- Outstanding Researcher of the Year, 2004, Isfahan University of Medical Sciences, Iran
- Outstanding attending Physician of the Year 2006 in the field of teaching, Isfahan Medical Faculty, Isfahan University of Medical Sciences, Iran
- Outstanding attending Physician of the Year 2007, Ministry of Medical Education and Health Services, Iran
- Outstanding attending Physician of the Year 2007 in the field of research, Isfahan Medical Faculty, Isfahan University of Medical Sciences, Iran
- Outstanding Researcher in women's health: The fourth Iranian and International conference on women health, May 2015, Shiraz, Iran

**Publications:**

- 1) M Mansourian, S Sadeghpour, A Aminorroaya, M Amini, T Jafari-Koshki. Cause-

Specific Risk Factors of Death in Individuals with Diabetes: A Competing Risks Modeling. *International journal of endocrinology and metabolism* 17 (3).

- 2) N Kassaian, A Feizi, A Aminorroaya, MT Ebrahimi, A Norouzi, M Amini. **Effects of probiotics and synbiotic on lipid profiles in adults at risk of type 2 diabetes: A double-blind randomized controlled clinical trial.** *Functional Foods in Health and Disease.* 2019. 9 (7), 494-507
- 3) Fahimeh Haghghatdoost, Masoud Amini, Ashraf Aminorroaya, Majid Abyar, Awat Feizi. **Different metabolic/obesity phenotypes are differentially associated with development of prediabetes in adults: Results from a 14-year cohort study.** 2019; 10 (2). P 350.
- 4) Mohammad Khaledi, Rezvan Salehidoost, Mohammadreza Khosravifarsani, Ashraf Aminorroaya. Pseudohypercalcemia in a patient with multiple myeloma and acute kidney injury; a case report. *Journal of Nephro pharmacology.* 2019; 6(2): 15
- 5) M Kianpour, A Aminorroaya, M Amini, A Feizi, S Aminorroaya Yamini, Mohsen Janghorbani. **TSH Serum Levels and Risk of Spontaneous Abortion: A Prospective Population-Based Cohort Study.** *Clinical Endocrinology.* 2019.
- 6) Mohammad Khaledi, Fahimeh Haghghatdoost, Awat Feizi, Ashraf Aminorroaya. **The prevalence of comorbid depression in patients with type 2 diabetes: an updated systematic review and meta-analysis on huge number of observational studies.** *Acta diabetologica.* 2019. 56 (6), 631-650
- 7) Maryam Kianpour, Ashraf Aminorroaya, Massoud Amini, Awat Feizi, Mohsen Janghorbani. **Thyroid function test reference ranges in the first trimester of gestation and pregnancy outcome: Protocol and preliminary results for cohort population-based study, Isfahan, Iran.** *Journal of Research in Medical Sciences.* 2018.
- 8) Maryam Karimi Fard, Ashraf Aminorroaya, Ali Kachuei, Mohammad Reza Salamat, Moluk Hadi Alijanvand, Sima Aminorroaya Yamini, Mansoor Karimifar, Awat Feizi, Massoud Amini. **Alendronate improves fasting plasma glucose and insulin sensitivity, and decreases insulin resistance in prediabetic osteopenic postmenopausal women: A randomized triple-blind clinical trial.** *Journal of diabetes investigation.* 2019. 10 (3), 731.
- 9) Maryam Heidarpour, Davood Shafie, Ashraf Aminorroaya, Nizal Sarrafzadegan, Ziba Farajzadegan, Rasool Nouri, Arash Najimi, Christina Dimopolou, Gunter Stalla. Effects of somatostatin analog treatment on cardiovascular parameters in patients with acromegaly: A systematic review. *Journal of research in medical sciences: the official journal of Isfahan.* 2019. 24.
- 10) N Taheri, A Aminorroaya, F Ismail-Beigi, M Amini. **Dexamethasone Stress Test: A Pilot Clinical Study for Identification of Individuals Highly Prone to Develop Type 2 Diabetes.** *Endocrine Practice.* 2018. 24 (10), 894-899.
- 11) N Kassaian, A Feizi, A Aminorroaya, M Amini. **Probiotic and synbiotic**

- supplementation could improve metabolic syndrome in prediabetic adults: A randomized controlled trial.** *Diabetes & Metabolic Syndrome: Clinical Research & Reviews*. 2018. 12 (4), 563-567.
- 12) N Kassaian, A Feizi, A Aminorroaya, P Jafari, MT Ebrahimi, M Amini. **The effects of probiotics and synbiotic supplementation on glucose and insulin metabolism in adults with prediabetes: a double-blind randomized clinical trial.** *Acta diabetologica*, 2018. 55 (10), 1019-1028
- 13) E Hosseini, M Janghorbani, A Aminorroaya. **Incidence, risk factors, and pregnancy outcomes of gestational diabetes mellitus using one-step versus two-step diagnostic approaches: A population-based cohort study.** *Diabetes research and clinical practice* 2018.140, 288-294
- 14) Salehidoost R, Mansouri A, Amini M, Aminorroaya Yamini SA, Aminorroaya A. **Body mass index and the all-cause mortality rate in patients with type 2 diabetes mellitus.** *Acta Diabetol*. 2018. 55 (6), 569-577.
- 15) T Jafari-Koshki, S Arsang-Jang, A Aminorroaya, M Mansourian, M Amini. Risk modeling in prospective diabetes studies: Association and predictive value of anthropometrics. *Diabetes & Metabolic Syndrome: Clinical Research & Reviews*. 2018. 12 (4), 563-567
- 16) M Kianpour, A Aminorroaya, M Amini, A Feizi, M Janghorbani. Thyroid function test reference ranges in the first trimester of gestation and pregnancy outcomes: Protocol and preliminary results for cohort population-based study Isfahan, Iran. *Journal of research in medical sciences*. 2018.
- 17) G Soltani, Z Hatefi, AR Salehi, S Khosravi, MR Ghiasi, K Teke, Ashraf Aminorroaya, Rasoul Salehi. Pharmacogenomics of Sulfonylureas Response in Relation to rs7754840 Polymorphisms in Cyclin-Dependent Kinase 5 Regulatory Subunit-associated Protein 1-like (CDKAL1) Gene in ... *Advanced biomedical research*. 2018. 7
- 18) Ali Kachouei, Hassan Rezvanian, Masoud Amini, Ashraf Aminorroaya, Eshagh Moradi. **The Effect of Levothyroxine and Selenium versus Levothyroxine Alone on Reducing the Level of Anti-thyroid Peroxidase Antibody in Autoimmune Hypothyroid Patients.** *Adv Biomed Res*. 2018 Jan 22;7:1.
- 19) M Janghorbani, H Ghanbari, A Aminorroaya, M Amini. **Relationship Between Serum Uric Acid and Incident Hypertension in Patients with Type 2 Diabetes. The review of diabetic studies: RDS.** 2018. 14 (4), 354-363
- 20) Janghorbani M, Aminorroaya A, Amini M. **Hypertension in Non-Type 2 Diabetes in Isfahan, Iran: Incidence and Risk Factors.** *Int J Hypertens*. 2017;2017:3132729.
- 21) M Janghorbani, MR Salamat, M Amini, A Aminorroaya. Risk of diabetes according to the metabolic health status and degree of obesity. *Diabetes & Metabolic Syndrome:*

Clinical Research & Reviews 11, S439-S444

- 22) Mohsen Janghorbani, Mohammad Reza Salamat, Masoud Amini, Ashraf Aminorroaya. **Risk of diabetes according to the metabolic health status and degree of obesity.** Diabetes & Metabolic Syndrome: Clinical Research & Reviews. 11S (2017) S439–S444
- 23) M Heidarpour, M Karami, P Hedayat, A Aminorroaya. **Two rare manifestations of primary hyperparathyroidism: paralysis and peptic ulcer bleeding.**Endocrinology, diabetes & metabolism case reports 2017.
- 24) PV Anaraki, A Aminorroaya, M Amini, F Momeni, A Feizi, B Iraj, A Tabatabaei.**Effect of vitamin D deficiency treatment on thyroid function and autoimmunity markers in hashimoto's thyroiditis: A double-blind randomized placebo-controlled clinical trial.** Journal of Research in Medical Sciences. 2017. 22 (1), 103
- 25) N Kassaian, A Aminorroaya, A Feizi, P Jafari, M Amini. **The effects of probiotic and synbiotic supplementation on metabolic syndrome indices in adults at risk of type 2 diabetes: study protocol for a randomized controlled trial.**Trials. 2017 18 (1), 148
- 26) M Janghorbani, MR Salamat, M Amini, A Aminorroaya. **Risk of diabetes according to the metabolic health status and degree of obesity.**Diabetes & Metabolic Syndrome: Clinical Research & Reviews.2017. 4. 1
- 27) M Janghorbani, MR Salamat, A Aminorroaya, M Amini. **Utility of the Visceral Adiposity Index and Hypertriglyceridemic Waist Phenotype for Predicting Incident Hypertension.**Endocrinology and Metabolism. 2017. 32 (2), 221-229.
- 28) M Kollahdouzan, M Sadeghi, B Kalidari, B Sanei, E Mostafapour, A Aminorroaya. **The Role of Intraoperative Thyroglobuline Level of Lymph Node in the Management of Papillary Thyroid Cancer (Determination of a Cutoff Point).**Adv Biomed Res. 2017; 6: 99.
- 29) A Aminorroaya, R Meamar, M Amini, A Feizi, A Tabatabae, EF Imani. **Incidence of thyroid dysfunction in an Iranian adult population: the predictor role of thyroid**



- autoantibodies: results from a prospective population-based cohort study.** Eur J Med Res. 2017; 22: 21.
- 30) Mohsen Janghorbani, Ashraf Aminorroaya, Masoud Amini. **Comparison of Different Obesity Indices for Predicting Incident of Hypertension.** High Blood Press Cardiovasc Prev. 2017; Feb. 04.
- 31) Aminorroaya A, Meamar R, Amini M, Feizi A, Nasri M, Tabatabaei A, Faghihimani E. **The TSH levels and risk of hypothyroidism: Results from a population based prospective cohort study in an Iranian adult's population.** European Journal of Internal Medicine, 2017; Jan. 19.
- 32) Mohsen Janghorbani, Masoud Amini, and Ashraf Aminorroaya. **Low levels of high-density lipoprotein cholesterol do not predict the incidence of type 2 diabetes in an iranian high-risk population: The Isfahan Diabetes Prevention Study.** The Review of Diabetic Studies 2016; Vol 13 No 2-3
- 33) PV Anaraki, A Aminorroaya, M Amini, A Feizi, B Iraj, A Tabatabaei. **Effects of vitamin D deficiency treatment on metabolic markers in Hashimoto thyroiditis patients.** Journal of Research in Medical Sciences 2106; 10
- 34) M Khalili, F Sabouhi, P Abazari, A Aminorroaya. **Comparing the quality of life in insulin recipient and refusal patients with type 2 diabetes.** Iranian Journal of Nursing and Midwifery Research 2106; 4: 351
- 35) F Sheikhbahaie, M Amini, M Gharipour, A Aminorroaya, N Taheri. **The effect of hydroxychloroquine on glucose control and insulin resistance in the prediabetes condition.** Advanced Biomedical Research. 2016; 5: 145
- 36) Saied Hossein Khalilzade, Ashraf Aminorroaya, Silva Hovsepain, Masoud Amini.

- Efficacy of bromocriptine on glycemic and metabolic control of prediabetic patients.** Adv Biomed Res 2015;4:253.
- 37) Mozhgan Karimifar, Ashraf Aminorroaya, Masoud Amini, Taghi Mirfenderesk, Bijan Iraj, Awat Feizi, Atsa Norozi. **Effect of metformin on thyroid stimulating hormone and thyroid volume in patients with prediabetes: A randomized placebo-controlled clinical trial.** J Res Med Sci 2014;19:1019-26.
- 38) Talaei A, Aminorroaya A, Taheri D, Mahdavi KN. **Carney complex presenting with a unilateral adrenocortical nodule: a case report.** J Med Case Rep. 2014 Feb 5;8(1):38.
- 39) Elham Faghihimani; Ashraf Aminorroaya, Hassan Rezvanian; Peyman Adibi; Faramarz Ismail-beigi; Masoud Amini. **Salsalate Improves Glycemic Control in Patients with Newly-Diagnosed Type 2 Diabetes.** Acta Diabetologica. 2013 Aug;50(4):537-43.
- 40) Seyed A. Hoseini, Ashraf Aminorroaya, Bijan Iraj, Massoud Amini. **The effect of oral vitamin D on insulin resistance in prediabetic patients.** J Res Med Sci.2013; Jan, 47-51
- 41) Bijan Iraj, Ashraf Aminorroaya, Massoud Amini. **Does the intramuscular injection of vitamin D increase insulin resistance?** Journal of Research in Pharmacy Practice. 2012; Oct-Dec, Vol 1, issue 2. 60-65.
- 42) Parisa Behzadi, Firouzeh Torabi, Ashraf Aminorroaya, Amini Massoud. **Comparison of ox-LDL levels in diabetic patients with normo, micro and macroalbuminuria with their first degree relatives and healthy control group.** International Journal of Endocrinology.
- 43) Rezvan Salehidoost, Ashraf Aminorroaya, Massoud Amini. **Is uric acid an indicator of metabolic syndrome in the first-degree relatives of patients with type 2 diabetes.** J Res Med Sci. 2012 November; 17(11): 1005- 1010.

- 44) Ashtari F, Salari M, Aminoroaya A, Khademi DeljooB, Moeini M. **Metabolic syndrome in ischemic stroke: A case control study.** J Res Med Sci 2012; 17(2): 167-70.
- 45) Mojhgán Kaviani, Majid Abdollahian, Vahid Almasi, Massoud Amini, Ashraf Aminorroaya Yamini. **Effects of vitamin D on insulin resistance in nursing home residents: an interventional study.** Endokrynol Pol. 2012;63(3):191-5.
- 46) Faghihimani E, Aminorroaya A, Rezvanian H, Adibi P, Ismail-Beigi F, Amini M. **Reduction of insulin resistance and plasma glucose level by salsalate treatment in persons with prediabetes.** Endocr Pract. 2012 Nov 1;18 (6):826-33.
- 47) Rezvan Salehidoost, Ashraf Aminorroaya, Bijan Iraj, Massoud Amini. **The impact of acute hypothyroidism on lipid levels in athyreotic patients.** J Res Med Sci. 2012 Aug;17(8):724-7
- 48) Nader Taheri, Ashraf Aminorroaya, Faramarz Ismail-Beigi, Massoud Amini. **Effect of dexamethasone on glucose homeostasis in normal and prediabetic individuals with a first-degree relative with type 2 diabetes.** Endocrine Practice. 2012 Nov 1;18(6):855-63.
- 49) Mohammad Reza Mirzaei, Massoud Amini, Ashraf Aminorroaya. **The prevalence of hypogonadism in diabetic men in Isfahan Endocrine and Metabolism Research Center, Isfahan, Iran.** J Res Med Sci 2012;17:602-6.
- 50) Silva Hovsepian, Massoud Amini, Ashraf Aminorroaya, Peyvand Amini, Bijan Iraj. **Prevalence of Vitamin D Deficiency among Adult Population of Isfahan City, Iran.** J Health Popul Nutr. 2011, Apr; 29 (2): 149-155.
- 51) Bijan Iraj, Nader Taheri, Massoud Amini, Payvand Amini, Ashraf Aminorroaya. **Should the first degree relatives of type 2 diabetic patients with isolated impaired fasting glucose be considered for a diabetes primary prevention program?** J Res Med Sci.

2010 Sep;15(5):264-9.

52) Ashraf Aminorroaya, Massoud Amini, Silva Hovsepian. **Prevalence of goitre in Isfahan, Iran, fifteen years after initiation of universal salt iodization.** J Health Popul Nutr. 2010 Aug;28(4):351-8

53) Nader Taheri, Bijan Iraj, Massoud Amini, Payvand Amini, Ashraf Aminorroaya. **Cardiovascular risk factors in the relatives of type 2 diabetics with normal glucose tolerance test and elevated one-hour plasma glucose.** Pol J Endocrinol 2010; 61 (4): 359–363

54) Mohammad Mohammadi, Masoud Amini, Ashraf Aminorroay, Hasan Rezvanian, Ali Kachuei, Mansour Siavash, Soodabeh Rahimi Saghand, Mohammad Afkhami Ardekani. **Effect of Metformin and folic acid on plasma homocysteine level in type 2 diabetic patients.** International Journal of Medicine and Medical Sciences. 2009; 1: 88-90.

55) Massoud Amini, Negar Horri , Maryam Zare, Sassan Haghighi, Seyed Mohsen Hosseini, Ashraf Aminorroaya, Silva Hovsepian. **People with Impaired Glucose Tolerance and Impaired Fasting Glucose Are Similarly Susceptible to Cardiovascular Diseases : a Study in First-Degree Relatives of Type 2 Diabetic Patients.** Ann Nutr Metab 2010; 56:267-272 Mahin Hashemipour, Nasibeh Hasani, Masood Amini, Kamal Heidari, Ali Sajadi, asoomeh Dastanpour, Ali Ajami, Silva Hovsepian, Ashraf Aminorroaya, Bahar Dehghan. **Congenital Hypothyroidism (CH); thyroid function abnormalities among first-degree relatives of Iranian CH neonates.** Pediatric International: official journal of the Japan pediatric society. 2010 Jun;52 (3):467-71. Elham Faghieh Imani, Ashraf Aminorroaya, Fahimeh Soheilipour, Atoosa Adibi, Mehri Sirous, Ehsan Roohi, Mohsen Mostafavi, Masoud Amini. **Sonographic and functional characteristics of thyroid**

- nodules in a population of adult people in Isfahan.** Endokrynologia Polska.61(2):188-91 Keshteli AH, Hashemipour M, Amini M, Siavash M, Aminorroaya A, Rezvanian H, Kachuei A, Kelishadi R. Residual Goiter in Semirom; **Iodine Status and Thiocyanate Overload Do Not Play a Role.**J Trop Pediatr.2010 Jun; 56(3): 216-7.
- 56) Nasibeh Hasani, Bahar Dehghan, Masood Amini, Kamal Heidari, Ali Sajadi, Ali Ajami, Masoomeh Dastanpour, Rezvaneh Hadian, Ashraf Aminorroaya, Zahra Pournaghshband, Silva Hovsepian, Mahin Hashemipour. **Congenital Hypothyroidism; is There any Familial Component?** Journal of Isfahan Medical School. 2009: 27 (94), 1-8.
- 57) Esfandiar Heidarian, Massoud Amini, Mahmoud Parham, Ashraf Aminorroaya. **Effect of Zinc Supplementation on Serum Homocysteine in Type 2 Diabetic Patients with Microalbuminuria.** The Review of Diabetic Studies. 2009; 6: 64-70
- 58) Aminorroaya A, Janghorbani M, Amini M, Silva Hovsepian, Azamosadat Tabatabaei, Zahra Fallah. **Prevalence of Thyroid Dysfunction in an Area of Iodine Sufficiency in Iran.** Archives of Iranian Medicine. 2009 May;12(3):262-70
- 59) Mohammad Hassan Moaddab, Ammar Hassanzadeh Keshtelib, Mansour Siavash Dastjerdi, Hasan Rezvanian, Ashraf Aminorroaya, Masoud Amini, Ali Kachuei, Mahin Hashemipour. **Zinc status in goitrous school children of Semirom, Iran.**J Res Med Sci. 2009; 14(3): 165-170
- 60) Siavash M, Hashemipour M, H Keshtari A, Amini M, Aminorroaya A, Rezvanian H, Kachuei A, Kelishadi R. **Endemic Goiter in Semirom; There Is No Difference in**

**Vitamin A Status between Goitrous and Nongoitrous Children.** J Nutr Sci Vitaminol (Tokyo). 2008; 54(6):430-4

- 61) Ashraf Aminorroaya, Massoud Amini, Silva Hovsepian. **Prevalence of hyperthyroidism in Isfahan-Iran, in 2006, fifteen years after universal salt iodization: a community based study.** Acta endocrinologica (BUC). 2008; 4 (3): 273-285
- 62) Mahmoud Parham, Ashraf Aminorroaya, Massoud Amini. **Prevalence of palpable thyroid nodule in Isfahan, Iran, 2006: A population based study.** Experimental and Clinical Endocrinology & Diabetes. 2009 May; 117(5):209-13.
- 63) Massoud Amini, Ashraf Aminozincroaya, Hassan Safaei, Zhila Behrooz, Azam Teimori. **Prevalence of retinopathy in newly diagnosed type 2 diabetic patients in Isfahan, Iran.** Acta endocrinologica (BUC). 2008; 4 (4): 415-123
- 64) Mahmoud Parham, Massoud Amini, Ashraf Aminorroaya, Esfandiar Heidarian. **Effect of zinc supplementation on microalbuminuria in patients with type 2 diabetes: A Double Blind, Randomized, Placebo-Controlled, Cross-Over Trial.** The Review of Diabetic Studies. (2008) 5: 101-108
- 65) Fatemeh Jafary, Ashraf Aminorroaya, Massoud Amini , Atoosa Adibi, Mehri Sirous, Ehsan Roohi, Mohsen Mostafavi. **Thyroid incidentaloma in Isfahan, Iran: a population-based study.** Polish Journal of Endocrinology (Endokrynologia Polska). Endokrynol Pol. 2008 Jul-Aug; 59(4):316-20.
- 66) Negar Horri, Mahboubeh Farmani, Sassan haghghi, Ghoshtasb Sattari, Zahra Pornaghshband, Massoud Amini, Ashraf Aminorroaya. **Prevalence of polycystic ovary**

**syndrome in reproductive women with type II diabetes.** Gynecological Endocrinology. 2008 Aug;24(8):423-7.

- 67) Massoud Amini, Azam Teimori, Ashraf Aminorroaya. **Quality of care for patients diagnosed with diabetes at a screening program one year following diagnosis.** The Review of Diabetic Studies. 2008; 5: 52-58.
- 68) Massoud Amini, Hassan Safaei, Ashraf Aminorroaya. **The Incidence of Microalbuminuria and its Associated Risk Factors in Type 2 Diabetic Patients in Isfahan, Iran.** The Review of Diabetic Studies. 2007 Winter;4(4):242-8.
- 69) Atoosa adibi, Mehri Sirous, Ashraf Aminorroaya, Ehsan Roohi, Mohsen Mostafavi, Zahra Fallah, Azamossadat Tabatabaei, Massoud Amini. **Normal values of thyroid gland in Isfahan, an iodine replete area.** Journal of Research in Medical Sciences. 2008; 13(2): 55-60
- 70) Mehdi Salek, Mahin Hashemipour, Ashraf Aminorroaya, Abbas Gheiratmand, Roya Kelishadi, Pooneh Ardestani, Hossein Nejadnik, Massoud Amini, Behzad Zolfaghari. **Vitamin D Deficiency among Pregnant Women and Their Newborns in Isfahan, Iran.** Exp Clin Endocrinol Diabetes. 2008;116 (6):352-6.
- 71) Ashraf Aminorroaya, Mahin Momenzadeh, Silva Hovsepian, Sassan Haghghi, Massoud Amini. **Thyroid autoantibodies in women with and without thyroid disorders in an iodine-replete area.** Eastern Mediteranean Health Journal. 2008, Vol. 14, No. 2. 325-332
- 72) Hashemipour M, Siavash M, Amini M, Aminorroaya A, Rezvanian H, Kachuei A, Kelishadi R. **Goiter Persistence After Iodine Replenishment, the Potential Role**

**of Selenium Deficiency in Goitrous Schoolchildren of Semirom, Iran.** Exp Clin Endocrinol Diabetes. 2008 Feb;116(2):75-9.

73) Afsaneh Talaei, Ashraf Aminorroaya, Diana Taheri, Kia Nouri Mahdavia, Massoud Amini, Hassan Rezvanian. **A case report of Carney Complex syndrome.** Iranian Journal of Endocrinology and Metabolism. 2007;3(9): 317-323.

74) Hassan Safaei, Mohsen Janghorbani, Ashraf Aminorroaya, Massoud Amini.

**Lovastatin effects on bone mineral density in postmenopausal women with type 2 diabetes mellitus.** Acta Diabetologica.2007 Jul;44(2):76-82.

75) Mansour Siavash, Ashraf Aminorroaya, Massoud Amini, Farzaneh Ashrafi, Fatemeh Kazemi, **Severe cognitive dysfunction in a patient with polyendocrinopathy.** Experimental and Clinical Endocrinology & Diabetes. 2007 May;115(5):334-8

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77) Mansour Siavash, Fatemeh Kazemi, A Najafian, Mohmmad Mohammady, Ashraf Aminorroaya, Massoud Amini. **An open-label pilot study of the combination therapy of metformin and fluoxetine for weight reduction.** Int J Obes (Lond). 2007, 31(4):713-7

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**Research Interests:**

- Thyroid disorders
- Prediabetes
- Diabetes Mellitus
- Other fields of endocrinology

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