

ششمین همایش بین المللی و هشتمین همایش سراسری تازه های غدد و متابولیسم

6th International & 8th Iranian Congress of Endocrinology & Metabolism Updates Scientific Program

Wednesday, May 21, 2025

Morning

Abbassi Hall, Abbassi Hotel, Isfahan, Iran

Time	Title	Speaker
Opening Ceremony		
8:00 – 8:05	Verses of Holy Quran, National Anthem	
8:05 – 8:25	I.U.M.S. Chancellor’s Speech	Shahin Shirani, M.D.
8:25 – 8:40	Isfahan Clip Playback	
8:40 – 8:45	I.C.E.M.U. Scientific Secretary’s Speech	Mansour Siavash, M.D.
8:45 – 9:00	Iran Clip Playback	
Panel: Hassan Rezvanian, M.D.; Hamidreza Bazrafshan, M.D.; Maryam Heydarpour, M.D.; Bijan Iraj,M.D.		
Plenary Lectures (Session 1)		
Time	Title	Speaker
9:00 – 9:30	GH-IGF-1 System and Carcinogenesis	Hassan Rezvanian, M.D.
9:30 – 10:00	Recent Advances in Prolactinoma Management: Diagnosis, Treatment, and Challenges	Anastasia Athanasoulia-Kaspar, M.D.
10:00 – 10:30	Male Hypogonadism	Ali Kachuei, M.D.
10:30 – 11:00	Refreshment Break: Visiting Exhibition and Poster Presentations	
Panel: Ali Kachuei, M.D.;Mojgan Karimifar, M.D.; Maryan Yavari, M.D.; Navid Saadat, M.D.		
Plenary Lectures (Session 2)		
11:00 – 11:30	Updates on Acromegaly Management: Diagnosis, Remission and Treatment	Maryam Heydarpour,M.D.
11:30 – 12:00	Hypopituitarism in 2025: Emerging Insights and Innovations	Mojgan Karimifar, M.D.
12:00 – 12:30	Limbic System, Hormones, Emotions, and the DigitalWorld: A Journey Through Neuroendocrinology and Humanity	Hamidreza Bazrafshan, M.D.
12:30 – 13:00	Complicatedand Challenging Patients with PituitaryDisorders	GuiveSharifi, M.D.
13:00 – 14:00	Prayer-Lunch	

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Afternoon

Abbassi Hall, Abbassi Hotel, Isfahan, Iran

Panel: Hamidreza Bazrafshan, M.D.; Seyyed Mojtaba Mehrdad, M.D.;

Mojgan Kavyani, M.D.; Fatemeh Jafari, M.D.

Plenary Lectures (Session 3)

Time	Title	Speaker
14:00 – 14:30	Diagnostic Challenges in Cushing's Syndrome: Navigating Complexity in Endocrine Practice	Kathrin Popp, M.D.
14:30 – 15:00	Cushing's Syndrome: Recurrent and Refractory Cases	Bijan Iraj, M.D.
15:00 – 15:30	Incidentalomas and Adrenal Masses	Nader Taheri, M.D.
15:30 – 16:00	Clinical Spectrum and Management of Adrenal Insufficiency: From Crisis to Chronic Care	Seyyed Mojtaba Mehrdad, M.D.
16:00 – 16:30	Refreshment Break: Visiting Exhibition and Poster Presentations	

Panel: Amir Bahrami, M.D.; Massoud Rahmanian, M.D. Mahin Hashemipour, M.D.; Afsaneh Talaei, M.D.

Plenary Lectures (Session 4)

16:30 – 17:00	Congenital Adrenal Hyperplasia	Neda Mostofizadeh, M.D.
17:00 – 17:30	Emerging Therapies for Pheochromocytoma and Paraganglioma	Navid Saadat, M.D.
17:30 – 18:00	Primary Aldosteronism	Massoud Rahmanian, M.D.

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Thursday, May 22, 2025

Morning

Abbassi Hall, Abbassi Hotel, Isfahan, Iran

7:50 – 8:00	Verses of Holy Quran	
Panel: Bagher Larijani, M.D.; Fatemeh Esfahanian, M.D.		
Mansour Siavash, M.D.; Seyyed Adel Jahed, M.D.		
Plenary Lectures (Session5)		
Time	Title	Speaker
8:00 – 8:30	Continuous GlucoseMonitoring-Based Diabetes Management	Seyyed Adel Jahed, M.D.
8:30 – 9:00	Current Status of Beta Cell and Stem Cell-Based Therapies in Diabetes	Bagher Larijani, M.D.
9:00 – 9:30	Updates on DiabeticNephropathy	Fatemeh Esfahanian, M.D.
9:30 – 10:00	The Future of GLP-1 Receptor Agonist Medications: Dual and Triple Agonists	Mansour Siavash, M.D.
10:00 – 10:30	New Insulin Formulations and Their Clinical Applications	Amir Reza Goharian
10:30 – 11:00	Refreshment Break: Visiting Exhibition and Poster Presentations	
Plenary Lectures (Session6)		
Panel: Mohammad Afkhami, M.D.; Amir Reza Goharian, M.D.;		
Mohammad Reza Mohajeri, M.D.; Alireza Esteghamati, M.D.		
11:00 – 11:30	The Role of AI in Endocrinology	Hadi Tabesh, M.D.
11:30 – 12:00	Diabetes, the Health System and the Role of Stakeholders	Alireza Esteghamati, M.D.
12:00 – 12:30	Management of Complicated Diabetes Cases	Bijan Iraj, M.D.
12:30 – 13:00	The Role ofArtificial Intelligence Technologies in Monitoring and Care of Diabetic Foot Ulcers	Mohammad Reza Mohajeri, M.D.
13:00 – 14:00	Prayer-Lunch	

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Thursday, May 22, 2025

Afternoon

Abbassi Hall, Abbassi Hotel, Isfahan, Iran

Research and Plenary Lectures (Session 7)

a: Plenary Lectures 1

Panel: Mohammad Hossein Dabbaghmanesh, M.D.; Sara Pezeshki, M.D.; Saeid Behradmanesh, M.D.; Majid Valizadeh, M.D.

Time	Title	Speaker
14:00-14:30	Hypoparathyroidism Updates: Management and Emerging Therapies	Raheleh Sadat Sajjad, M.D.
14:30 – 15:00	Updates on Approach to Dyslipidemia Management	Sara Pezeshki, M.D.

b: Research Lectures (Session 7- Continued)

15:00 – 15:10	DSMES	Mojtaba Akbari, M.D.
15:10 – 15:20	DMH	Maryam Heydarpour, M.D.
15:20 – 15:30		Leyla Moftakhar, Ph.D.

c: Plenary Lectures 2 (Session 7- Continued)

15:30 – 16:00	Update of Osteoporosis	Mohammad Hossein Dabbaghmanesh, M.D.
16:00 – 16:30	Refreshment Break: Visiting Exhibition and Poster Presentations	

Panel: Atieh Amouzegar, M.D.; Raheleh Sadat Sajjad, M.D.; Saeid Kalbassi M.D.; Majid Ramezani, M.D.

Plenary Lectures (Session 8)

16:30 – 17:00	Assessment and Management of Obesity in Adults	Saeid Kalbassi M.D.
17:00 – 17:30	Lean Body Mass Reduction During Intentional Weight Loss: Focus on GLP- 1 Agonist Therapy	Majid Valizadeh, M.D.
17:30 – 18:30	New Insights into the Treatment of Hypercholesterolemia: Pharmacological Updates and Emerging Treatments	Atieh Amouzegar, M.D.

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Friday, May 23, 2025

Morning

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8:10 – 8:15	Verses of Holy Quran	
Panel: Fereidoun Azizi, M.D.; Reza Rajabian, M.D.; Nader Taheri, M.D. Mohammad Reza Mirzaei, M.D.		
Plenary Lectures (Session 9)		
Time	Title	Speaker
8:15 – 8:55	Complicated Patients with Hypothyroidism: Elderly Patients and Pregnant Women	Fereidoun Azizi, M.D.
8:55 – 9:30	Current Status of Congenital Hypothyroidism in Iran	Mahin Hashemipour, M.D.
9:30 –10:00	Updates on Clinical Evaluation and Management of Differentiated Thyroid Cancer (DTC)	Zohreh Mousavi, M.D.
10:00 –10:30	Management of Locoregional Metastatic Thyroid Cancers	Salmaz Hassani, M.D.
10:30 – 11:00	Refreshment Break: Visiting Exhibition and Poster Presentations	
Panel: Manoochehr Khan Nakhjavani, M.D.; Zohreh Mousavi, M.D.; Salmaz Hassani, M.D.; Marjan Golshani, M.D.		
Plenary Lectures (Session10)		
11:00 – 11:30	The Role of TKIs in Thyroid Cancer	Manoochehr Khan Nakhjavani, M.D.
11:30 – 12:00	The Role of Nuclear Medicine in Thyroid Cancer Management	Zeinab Amirkhani, M.D.
12:00 – 12:30	Updates on Graves' Disease and Complicated Patients with Thyrotoxicosis	Fereidoun Azizi, M.D.
12:30 – 13:00	Thyroid Eye Disease: Overview and Updates	Mehdi Tavakoli, M.D.
13:00 – 13:20	Closing Ceremony	
13:20 – 14:30	Prayer-Lunch	